

MENU



Abeba
GROCERY
ETHIOPIAN KITCHEN & BAKERY



BREAKFAST

FUL\$8.99

Crushed beans sauteed with our spices, fresh diced onions, tomatoes and pepper. Finished with olive oil or butter. Served with bread.

Eggs\$8.99

Sauteed with onions, tomatoes, pepper and spiced butter. Served with bread



APPETIZER

SAMBSA\$1.50

Fried pastry stuffed with a savory lentil filling. These crispy treats are to die for

PASTY\$1.00

GOLDING BROWN FRIED biscuits

VEGAN / VEGETARIAN

VEGETARIAN COMBO \$12.00

Red lentils, Yellow split peas, Whole lentils, Collard greens, Potato & carrot. Ask for Green beans and carrots.

DENICH (POTATO STEW) S..... \$11.00

Potatoes simmered with berbere, onions, garlic and other spices.

SHIRO (CHICKPEA STEW) \$11.00

Chickpea stew. Ground chickpeas simmered in a rich house sauce and spiced with olive oil.

Ask about our combination specials (S) spicy



SIDES

RED LENTIL

YELLOW LENTIL

WHOLE LENTIL

POTATO & CARROT

GREEN BEANS & CARROT



MAIN COURSE

BEEF TIBS \$12.99

Prime tender beef pieces sauteed in Abeba's secret blend of spices, seasoned butter, onions, tomatoes, garlic and jalapeno peppers.

LAMB TIBS \$13.99

Chunks of lamb sauteed in Abeba's secret blend of spices, seasoned butter, onions, tomatoes, garlic and jalapeno peppers.

KITFO (ETHIO. BEEF TARTARE) \$12.90

Lean tender chopped prime beef seasoned with spiced butter and mitmita (mixture of chili peppers). Served raw, lightly or well done.

KITFO DULET \$13.99

Lean tender chopped prime beef seasoned with spiced butter and mitmita sauteed onions, garlic and jalapeno peppers

DULET \$13.99

A mix of stomach, liver and beef sauteed in spiced butter and mitmita (mixture of chili peppers), onions, garlic and jalapeno peppers.

KUANTA FIRFIR S \$13.99

Bits of injera soaked in a rich sauce with beef jerky.

KEY WET (LAMB STEW) S \$13.99

Tender pieces of Lamb braised in onion, Abeba's secret spices and spiced butter.

ALECHA (LAMB STEW) \$13.99

Lamb simmered in turmeric broth flavored with onion, garlic, ginger and spiced butter.

LAMB WET COMBO \$14.99

(Spicy / Non Spicy) Tender pieces of Lamb braised in onion, Abeba's secret spices and spiced butter. Lamb simmered in turmeric broth flavored with onion, garlic, ginger and spiced butter.

DORO WET \$12.99

Chicken leg seasoned with a blend of Abeba's secret spices, onions, garlic, fresh ginger.

GORED GORED S \$12.99

Chunks of lean beef mixed with Abeba's homemade awaze sauce, Jalapeno and spice butter